



charlie health

Personalized treatment for teens, young adults, and their families.

Charlie Health's Intensive Outpatient Program (IOP) is designed for those who need more than one-time-per-week therapy. Our IOP consists of curated and customized groups, individual therapy, and family therapy. With our virtual and accessible platform, healing is possible, all from the comfort and safety of home.

- ✓ Highly curated groups
- ✓ Video-based, accessible sessions
- ✓ Flexible after school/work scheduling
- ✓ Skills-based & creative arts therapy
- ✓ Trauma-informed curriculum
- ✓ Free support groups



"Although the stressors of day-to-day life are often unpredictable, I am here to advocate for you and your family's individual needs on your journey to mental wellness. You are not alone."

Genevieve George
Clinical Outreach Manager
genevieve.george@charliehealth.com
(463) 710-4670



Call: (866) 491-5196
Visit: www.charliehealth.com

